# SOUTHERN TABLE

## Sharables

\*Snapper & Lychee Ceviche 🥪 ..... 16 Red Snapper, Lychee, Jalapenos, Citrus Shaved Red Onions, Avocado Purée Plantain Chips

Beer Battered Grouper Bites.....14 Smoked Jalapeño Tartar Sauce Grilled Lemon

**Fried Green Tomato "Caprese" V**.....12 Whipped Ricotta, Stewed Cherry Tomato Basil, Balsamic Reduction

### Soups and Greens

Leek and Potato Soup......7/10 Available Upon Request Butter-Fried Pumpernickel, Bacon, Dill

Carolina Brunswick Stew.

Southern Table House Salad & ..... 6/9 Baby Heirloom Tomatoes, Carrots Cucumbers, Pickled Red Onions Pimento Vinaigrette

Roasted Beet Salad () Y ..... 12 Frisée and Arugula, Roasted Red Beets Orange Beet Coulis, Toasted Hazelnut Honey Goat Cheese Citrus Tarragon Vinaigrette

Southern Table Cobb ..... 12 Chopped Romaine, Pickled Okra, Pimentos Bleu Cheese, Candied Pecans Bacon, Deviled Egg Creamy Vidalia Onion Dressing

#### Add-Ons:

Grilled Chicken 6 \*Pan-Seared Scottish Salmon 9 Sautéed Local Shrimp 9 **Pork Belly Burnt End Tostada** ().....12 Slow Smoked Chipotle Glazed Pork Belly Pineapple Relish, Avocado, Cilantro Crispy Tortilla

Deviled Eggs ..... 10 Lusty Monk Mustard, Crispy Chicken Skin Dill Pickle, Chili Oil

Jumbo Smoked Chicken Wings .....12 Half-Dozen Brined, Smoked & Fried Wings Tossed in Hot Buttered BBQ Sauce Carrots & Celery, Bleu Cheese Dressing

Roasted Onion Dip () 7 .....11 Slow Cooked Onions, Chive, Garlic Greek Yogurt, House Chips Radish Crudité

#### The Woodshed Smokehouse

Prices Include Choice Of: Three Sides, Cornbread and One Sauce

**Proteins** 🥘

Baby Back Ribs	23
Smoked Half Chicken	21
Sliced Brisket	24
BBQ Pulled Pork	20
Sliced Turkey Breast	20

Picnic Plate.....16
(Choice of Four Fixin's + Cornbread)

#### Sauces 🤘

Eastern Carolina Sauce Alabama White BBQ Sauceγ Bourbon BBQ Sauce Carolina Gold Mustard Sauceγ

Fixin's

Candied Covington Sweet Potatoes (\*) Y Coleslaw (\*) Y Collard Greens (\*) Pit Smoked Baked Beans (\*) Creamy Potato Salad (\*) Gouda Mac & Cheese Y Southern Style Green Beans (\*) Small House Salad (\*) Broccoli Salad (\*) Sidewinder Fries Y

🤳 Gluten Free 🛛 🕷 Vegan 🛛 Y Vegetarian

For our members with life-threatening allergies, please request to speak with the Chef directly. While we take dietary preferences and restrictions very seriously, however, cross-contact with other ingredients may occur. Regrettably, we cannot guarantee the complete absence of allergens. \*CONSUM-ING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS. 3/26/24



#### Entrees

Whipped Potatoes, Bourbon Jus Sautéed Monetta Asparagus

\*Crispy Duck Breast..... 29 Farro, Chorizo, and Rainbow Chard Medley Sunchokes Two Ways, Cherry Jus

Chicken Fried Chicken..... 25 (Regular or Nashville Hot) Crispy Boneless Thighs Buttermilk Whipped Potatoes, Bacon Gravy Collard Greens, Homemade Pickles

Pretzel-Crusted Pork Loin Cutlet Fennel & Arugula Salad, Whipped Potatoes Whole Grain Mustard & Lemon Butter Sauce

Chicken Marbella ..... 26 Available Upon Request Pan-Roasted Marinated Chicken Breast Cauliflower Purée, Herb Spoon Bread Sautéed Rainbow Chard, Dates, Olives Herb Gravy

Nat Bradford is a farmer in Sumter, SC. Nat, along with his wife, Bette, are owners and farmers of Bradford Family Farm in Sumter, SC where they grow, brand, market and distribute directly to restaurants throughout SC, NC and coastal GA. He grows some of the rarest, most flavorful, and endangered crops, some of them dating back to the late 1600s. He is reviving them and

moving them forward from the annals of history into the 21st-century for chefs and the public to rediscover. Over the course of the year, Bradford Farms has provided Sunchokes, Potato Beans, Dutch Fork Pumpkins, and other featured seasonal items for Southern Table as seasonality allowed.

Over the past 11 years farming, he has developed relationships with seed savers, chefs and other farmers. He has identified a need in the food industry to not only provide these precious crops from his farm, but to work with other farmer producers to bring their special crops and unique flavors to chefs in his network of distribution. So many farms around them age out or go under because there is no one in the next generation to continue. The south's precious fields and forests become

Rice Grits, Tomato Sofrito, Salsa Verde

\*Sesame-Crusted Scottish Salmon 🛞 ..... 28 Sugar Snap Peas, Lemon Dill Rice Mustard Beurre Blanc

Available Upon Request Geechie Boy Smoked Gouda Grits Sautéed Spinach, Andouille Sausage Tasso Ham Gravy

Crispy Chickpea Cake, Glazed Carrots Minted Yogurt, Lamb Jus

Roasted Red Pepper, Benne Seed Crisp Quinoa Vegetable Medley Red Coconut Curry

## **Bradford Farms**

subdivisions and shopping centers, and the connection to family and place is lost. Nat's and Bette's mission is to preserve these lands and farming heritage and stories by building brands that will elevate and prosper these farms to ensure viability for future generations. They are doing this for the posterity of their farm and 5 children, as well. That truly makes his farm unique.



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